

PRACTICAL INFORMATION

WINTOUR SEMESTER 1

URV – TARRAGONA (Spain)



wintour

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INFORMATION PROVIDED BY WINTOUR STUDENTS

1. VISA RECOMMENDATIONS AND OVERVIEW

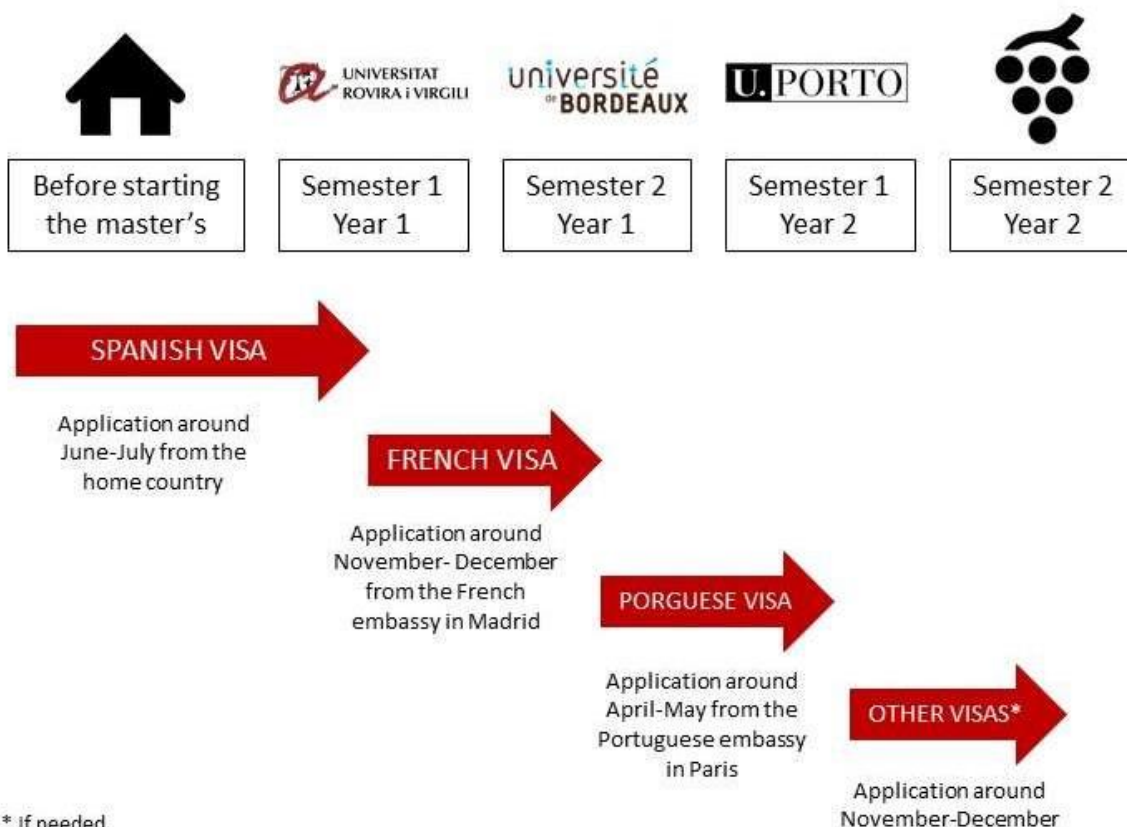
INFORMATION FOR STUDENT VISA OBTENTION

The entry and stay authorisations of [third-country participants](#) must be dealt with in coordination with the national authorities of the destination country.

The Directive on the conditions of entry and residence of third-country nationals for the purposes of research, studies, training, voluntary service, pupil exchange schemes or educational projects and au pairing (Directive (EU) 2016/8013) provides that, where all the general and relevant specific conditions are fulfilled, the third-country national is entitled to a residence permit or visa.

Applications for authorisations must be submitted to the relevant authorities of the destination countries well in advance [*in this case: Spain (S1), France (S2) or Portugal (S3), for the teaching activities and the chosen country for developing the master thesis (S4)*]. The process may take up to 90 days. If there is no Consulate of the destination country in the student's country of residence, the student should contact the Ministry of Foreign Affairs or the Immigration Office of the destination country to determine the responsible consulate.

VISA PROCEDURES - OVERVIEW



The [EU Immigration Portal](#) provides general information on visas and residence permits, both for short and long stays.

Generally speaking, Erasmus Mundus participants staying in the destination country for:

- More than three months need a long-stay visa.
- Less than three months need a short-stay visa.

The necessary documents to request the corresponding authorisation to enter and stay depend on the purpose of the stay and the rules of the destination country (regarding long stays).

RULES FOR LONG STAYS –MORE THAN 3 MONTHS

The same rules apply to countries of destination
<ul style="list-style-type: none"> • Non-EU national participants need a long-stay visa issued by the destination country. • Sometimes the destination country issues a residence permit replacing the long-stay visa once the non-EU national arrives in its territory. The rules differ depending on the length of the stay, on the visa obtained in the country of origin and the destination country. The EU Immigration Portal contains links to the national authorities of the destination countries that are members of the EU. • If participants hold a residence permit or a long-stay visa issued by a Schengen area country, they can move within the Schengen area up to 90 days in any 180-day period. • Non-EU nationals travelling to a Schengen area country via another Schengen area country must make sure that they have a long-stay visa, or a residence permit issued by the destination country.

RULES FOR SHORT STAYS – LESS THAN 3 MONTHS

Country of Destination	Rules
<p><u>Members of the Schengen Area:</u> Austria, Belgium, Czechia, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden</p>	<p>Depending on their nationality, non-EU nationals might need a short-stay visa ('Schengen visa'). <u>Check if a visa is needed</u>. In principle, Schengen visa holders can travel freely within the 26 Schengen area countries.</p> <p>The holder of a <u>single-entry visa</u> can enter the Schengen area only once. The holder of a <u>multiple-entry visa</u> can enter and leave the Schengen area as many times as they want during the validity period of the visa, while respecting the maximum period of allowed stay.</p> <p>General requirements to request a short-stay visa (this is an indicative list):</p>

	<ul style="list-style-type: none"> - A completed and signed application form - A valid travel document and a photograph in the right format - Documentation related to the purpose of the trip, in this case, studies (<u>admission letter provided by WINTOUR</u>) - Evidence of financial means to cover travel and stay (<u>admission letter includes information about EMJM scholarship awarded, if selected in the 1st call for applications - provided by WINTOUR</u>) - Documentation related to the accommodation - Travel medical insurance covering a minimum of €30,000 and valid for the entire Schengen area and for the duration of the stay (<u>insurance certificate provided by WINTOUR</u>). <p>An administrative fee (around €60 in most cases) might be charged for visa application.</p> <p>Check the website of the competent destination country for detailed information. The EU Immigration Portal contains links to the national authorities of destination countries that are members of the EU.</p>
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AUTHORISATION FOR VISA PROCEDURES

If you are applying for a French visa (for Semester 2) and you are unable to attend the consulate in person in Madrid, it is possible in some cases for another person to collect documents on your behalf. This can be done by providing an official letter of authorization signed by you, together with a copy of your passport and paper you get after application. (You can save money instead of going twice for application and collect).

2. ACCOMMODATION AND INSTALLATION

WINTOUR students arrange their own accommodation in Tarragona and former students usually shared flat with their classmates or other students living in the city.

Accommodation in Tarragona may be cheaper than in the other WINTOUR locations. Depending on your location, you can expect to pay:

- Sharing a flat: 300-450€/month (all-inclusive)
- Living alone: 550-750€/month (all-inclusive).

These rental prices are based on the average paid by students.

We recommend that you make a reservation for a temporary accommodation, such as an Airbnb or a hostel, for the first few days of your stay in Tarragona. This will give you some days to make sure that your accommodation is as you expected. We recommend that you book it in advance of your arrival in Tarragona (1-2 months before) because, in September, everything is booked and prices increase.

Before confirming your permanent accommodation for the semester, **please make sure that your landlord or estate agency will give you a valid and proper rental contract.** This is mandatory to apply for your NIE (*National Identification Number for Foreigners*) – the Spanish residence permit.

URV ACCOMMODATION OFFICE

You can contact the [accommodation office](#) in order to access the **housing platform service**, which provides the current listings of apartments and rooms located in Tarragona and other cities.

Besides the housing platform, in the accommodation office website you can also find information about the [Student Residences](#).

The student residences **RESA Sant Jordi** and **RESA Mediterrani** are generally considered reliable and convenient options, especially for short stays or for students who prefer an organized housing solution.

TEMPORARY ACCOMMODATION (if needed)

- [Airbnb](#)
- [Tarragona Hostel](#)
- Hostel "[On the road](#)"

In case you don't have time to find your flat before your arrival, you can try this hostel and work there while you save some money

- Other hotel options can be found at [Booking](#)

USEFUL WEBSITES FOR FINDING FLATS

- [Idealista](#)
- [Pisocompartido](#)
- [Fotocasa](#)
- [Habitaclia](#)
- [Yaencontre](#)
- [Houses4u](#)
- [ErasmusPlay](#)

Airbnb and TripAdvisor also work well.

ESTATE AGENTS USED BY STUDENTS

If you decide to go through an estate agent, bear in mind that many estate agent offices close early during the summer. So, we recommend that you go there or call during the morning, before 12:00h (Spanish Time).

If you are going through an estate agent, keep in mind that the agent's fee is (generally) one-month's rent.

Many estate agents/landlords are reticent to draw up tenancy contracts. The list of estate agents below are those that offered accommodation to last year's intake.

- [Finques Tarragona](#) :
Agent: Jordi (+34 977 25 20 52)
- [Barcevall](#)
(+34) 977 24 44 23
- [Garrido Inmobiliaria](#)
- [Rambla Vella](#)
Agent: Gabi
- [Finques Mèdol](#)
- [Marebens](#)

LOCATIONS TO LIVE IN (based on the experience of students)

PART ALTA

- Heaps of charm.
- Very close to cultural/historical sites.
- It feels like you are part of the many events that take place there.
- A little far from the university campuses but overall a manageable distance: half an hour to the Campus Sescelades on foot, and Campus Vila-seca is accessible by bus from the main bus station.
- You may develop a PTSD related to the sound of the beating drums during Santa Tecla (Tarragona's festivity in September)
- There's an organic bread shop, which is great, and a fruit/veg/cheese/meat market on the Sunday mornings.
- Very good restaurants and (wine) bars in the area.

- The sea is a 10-15 minute on foot from Part Alta.
- Bear in mind that buildings here are quite old and in the winter, flats can be very cold. You may need to buy a heater and bring warm clothes!

RAMBLA NOVA

- Vibrant area, with a charming promenade that leads straight to the “Balcó del Mediterrani” where there is a stunning view of the sea.
- You can find more modern flats here than in Part Alta. Flats generally come with lifts, good heating systems, new windows with good insulation and soundproofing.
- Very easy to reach Campus Sescelades by a 25–30-minute walk or by the bus number 54 (the bus stop is nearby).
- It has everything you need: supermarket, stores, wine shops, bars (not as charming as Part Alta though!), laundry, etc.
- Easy walk down to the train station. No further than 10 minutes away.
- Not a very easy access to the beach – in fact, the beach is not very easy to access on foot due to the train line!
- Previous student’s street address and highly recommended is Carrer Unió, 4. We would not recommend flats further down this street or too far from the Rambla.

NEAR PLAÇA IMPERIAL TARRACO

- Very well-located - walking distance to the university campus (Campus Sescelades) and to Campus Catalunya (located in the city center).
- Very close to the main bus station (for Campus Vila-seca and Barcelona).
- Only 15 minutes on foot to cultural/historical sites of the city.
- A lot of very reasonably priced flats – particularly for those who do not mind sharing!
- Close to the main supermarkets/bars/restaurants.
- Close to a shopping mall.

REUS (nearest city)

- Different vibe to Tarragona – more cosmopolitan.
- Further away from the university campuses but manageable: requires a bus or a train ride.
- Plenty of shops/bars/restaurants.
- Gaudí-inspired architecture.

3. TRANSPORT

GETTING TO TARRAGONA

From Barcelona El Prat airport (BCN), you can take the train or the bus to Tarragona (TGN).

- Bus - <http://www.busplana.com/en/transfers>
It takes around 55 min and drops you at bus station, in Plaça Imperial Tarraco. **Very convenient.** Tickets can be bought online; at the ticket machine near the bus stop or from the driver with cash. The fee is 15€.
- Train - <http://www.renfe.com/>
Two trains should be taken. From Barcelona El Prat Airport T2 to Estació de Sants (Barcelona) and from Estació de Sants (Barcelona) to Tarragona. It takes around one and a half hour and costs around 15€.

Note that the bus nor the train work late night, so if you arrive late to Barcelona, you should consider sleeping over there or find another solution (taxi, BlaBlaCar...)

GETTING TO THE TWO URV CAMPUSES

CAMPUS SESCELADES

- Walk
- Bus (Number 54 or Number 41)
- Car
- Bicycle

CAMPUS VILA-SECA

- Bus – from the main bus station.
The timetable can be found [here](#)
- Car
- Train
- Bicycle

It is possible to go by bicycle to both campuses. It takes around 15 minutes from Part Alta to Campus Sescelades, and 45 minutes to Vila-seca. Spaniards are generally very respectful cyclists, and the route to Vila-seca is part way a cycle path.

GETTING AROUND TARRAGONA

- Most parts of the city can be reached on foot.
- Get the student bus pass if you are using the bus to go to the University. As soon as you have your “Matrícula” (confirmation of registration and student card), the bus pass will be cheaper. If you are under 30 years old, you should buy the Orange Card (T-Jove card), which offers unlimited trips for 3 months at a very reduced price and is extremely convenient for regular train users.

TRAVELLING AROUND CATALUNYA AND BEYOND

BY TRAIN

The train is a quick and convenient way to get to Barcelona, Valencia, Zaragoza and Madrid, among other cities around Catalunya and Spain. The train company in Spain is [Renfe](#).

There is a special 10-trip ticket between Tarragona and Barcelona that costs approximately 35€ (price as of January 2026).

This is a very economical option for students who plan to travel frequently to Barcelona.

BY BUS

The bus is a great and cheap option to move around Catalunya. The company that goes to Barcelona is [Bus Plana](#). There are other important bus companies such as [Hife](#) or [Hispano Igualadina](#).

If you need to travel to Madrid (for VISA procedures, for instance), you may consider this option, as it is much cheaper than the train.

Check out [BusBud](#) for bus travel price comparison around Spain and Europe.

BY CAR

Many areas in Catalunya, like Terra Alta, Penedès, Priorat..., require a car.

[BlaBlaCar](#) is a website where you can find people to share a car with people who are already travelling to your destination. It is a great option to discover Spain, practise the language, and tends to be the cheapest transport method to places that are difficult to reach by public transport

BY PLANE

The nearest airports are Reus Airport and Barcelona El Prat Airport.



4. PREPARING FOR WINTOUR STUDIES

At the beginning of the course, there are 4 adaptation subjects: Adaptation to Tourism, Adaptation to Oenology, Adaptation to Practical Winemaking and Adaptation to Geography, among which you will have to take a minimum of two depending on your background (this decision is made by the Academic Committee and notified to the students before registration).

Nevertheless, former students recommend that if you do not come from an Oenology background, it would be great to get an idea of the basic terminology behind the winemaking processes (for red, white, rosé, sparkling) to be familiar with this world before the classes begin.

5. MOBILE PHONES/INTERNET

- Bring a phone that is unlocked and can work with Spanish/European SIM cards.
- The main networks are Lebara, Movistar, Orange, Vodafone, LibraMobi, Lycamobile and Pepephone.
- Some of them do not allow you to have a mobile phone contract for less than 6 months. For example, Movistar, Lebara, and Vodafone
- Your flat may not come with an Internet contract. Networks like Movistar and Vodafone offer short term contracts
- Orange offers very good prepaid services, for 20€ (as of January 2026).

- Vodafone has very good prices, especially if you want an Internet connection in your home. Cable TV will be included and there is no 12-month commitment. However, you need to agree this with your landlord since the company needs to access the building cable system
- Pepephone is one of the most transparent mobile/internet companies. You can access to all the information in their website and you can contact them to leave and stop the services anytime. Really good prices.

6. WHAT TO BRING FROM HOME?

- A bottle of wine from your home country to share with your new classmates.
- Be prepared to buy any cooking tools that you might need. Even if its furnished, flats are limited in utensils.
- Both summer and winter season clothing if you do not have the opportunity to go home during the semester.
- A swimsuit and a beach towel to enjoy the beach until mid-October! 😊
- If you hold an Erasmus Mundus scholarship, at least 3 months of your rent in cash or credit card, as the paperwork to formalize the registration of your Spanish bank account and the bank transfer can take some time (i.e. you may start receiving the scholarship payment between late September and October). This will help cover any extra costs such as estate agency fees, deposits, or any other upfront costs.

7. OTHER TIPS/SUGGESTIONS

GOING OUT

Totem Bar	In these locals they play popular music.
Totem Club	
Highland Bar	
Night Clubs in Salou	For party lovers.

RESTAURANTS/WINE BARS

Food, Coffee and drinks

- **Istanbul Kebab (next to Plaça de la Font)**
A great late-night option for quick and tasty food.
- **Churros stand near “4 Latas” in Plaça de la Font**
Perfect spot for classic Spanish churros after a night out.
- **Chengdu Gust**
Excellent Asian food and highly recommended by students.
- **Cafetéo – Tostadero & Cafetería**
Good quality coffee (not specialty but their own roast). You can buy beans to take away, though only unground.
- **Doma Burger**
Considered by many students the best smash burgers in Tarragona – especially if you like brioche buns.
- **Clot Martell**
The best wine shop in town. A mix of low-intervention and classical wines.
On Thursdays, Fridays and Saturdays people gather outside to drink, socialize and enjoy small authentic bites. A must-visit for wine lovers.
- **El Rincón del Laurel**
Probably the best tapas in Tarragona and lovely owners.
- **TERRASSA tapes i música**
Temporarily closed during recent semesters, but expected to reopen. Known for the **best and cheapest vermut**.
- **El Tamboret**
Cozy bar with fair prices, good cheese plates and natural wines.
- **Bar al Padri**
Run by friendly young owners – relaxed atmosphere, simple food and natural wines.
- **Bar Cortijo**
Legendary food and wine place. Note: some students have felt prices can vary for foreigners, so be confident, friendly and clear if you know about wine!
- **Bar Ecléctic**
One of the few places open late at night – convenient but slightly higher prices.
- **Bar Mala**
Service can be slow, but the low prices, good cocktails and cosy atmosphere make it worth the wait.
- **La Curva Bar**
A classic meeting point for students and locals. Casual atmosphere, good prices and a great place to start the night or meet friends for a relaxed drink. Especially popular for its terrace and friendly vibe. They play live music on Tuesdays and Fridays. Cool Bar with good vibes.
- **Korxo**
One of the best wine bars in Tarragona. Excellent selection of local and Spanish wines, knowledgeable staff, and very reasonable prices. A perfect place to explore new wines in a cozy and informal setting.

- **Petit Café Tarragona** Best coffee in town, cute vibes and kind owners.
- **Abbocaperta:** Best Neapolitan Pizza

GYMS AND SPORTS

- Orion - Rambla Nova area.
- Cynergym
- Viv and Viding – Close to Plaça Imperial Tarraco.
- Pavelló i Piscina Municipal - Public gym/swimming pool with lot of activities and good prices.

OTHERS

- Try to change your currency into Euros before arriving to Spain. Otherwise, you should change the currency once you arrive in Barcelona as it will be difficult in Tarragona
- Visit the beach of Tamarit and Tamarit Castle, easy to reach by train
- Get ready for the crazy Santa Tecla festival in September; a lot of drinking will be involved. You cannot miss it!
- It is really recommended to visit Siurana; the place is magnificent.
- Other places of interest: Cambrils and Pont del Diable
- Join the Erasmus Tarragona Facebook groups/pages for tips, parties, flat renting
- Enjoy the Spanish wine! They are of excellent quality and have an even better price. Macabeo, Garnacha Blanca, Garnacha Negra, and many other grape varieties. Cava, Priorat, Terra Alta, Tarragona and all the other Spanish appellations. Don't waste your time on other regions, you will have time for them later! And you will definitely miss the Spanish wines in France and Porto!
- Also, make sure you taste a Vermut (Vermouth)! It fits so well with the Tarragona atmosphere! Enjoy the Jamón and Tapas. You are in the perfect land for them.

STUDENT LIFE TIPS

- Join **AEGEE Tarragona (Erasmus student association)** – they organize many affordable **day trips around Spain**, parties and social events.
- Also join the different **Erasmus WhatsApp and Facebook groups**, which are very useful for meeting people and finding activities.

NATURE RECOMMENDATIONS

- **Cala Fonda and Cala de la Roca Plana**
Beautiful natural beaches near Tarragona, perfect for hiking and swimming.
Take the bus to **La Mora** and walk along the coast. Bring some cava, relax on the sand and enjoy the calm Mediterranean atmosphere – a very romantic and unforgettable experience!

MOOVING TO FRANCE:

- **SEND MY BAG:** Luggage shipping and International relocation. A reliable service for shipping luggage and personal belongings, perfect for travelers who want to avoid heavy bags or excess baggage fees.

TRAVELLING WITH YOUR PET

- Some WINTOUR students have brought their pets to Tarragona, but it is important to know that Spain is not extremely pet-friendly in all situations.
- Short and Long-distance buses generally accept pets only if they travel inside an approved transport box.
- Trains are usually more flexible, and travelling with a pet by train is normally not a problem as long as the carrier rules are respected.
- Finding accommodation that accepts pets can be difficult, so start your search early and always confirm this with landlords in advance.
- **Kurocan** A pet store offering quality food and supplies for dogs at good prices.
- **Veterinary Clinic “Huella Animal”** Provides professional veterinary services, including necessary documents for pets traveling within Europe. Offers affordable rates and home visits. www.veterinariahuellaanimal.es

BEST OF LUCK IN YOUR NEW HOME!

